

Identify Concerns:

Our concern is that our South Dakota farmers are struggling with their mental health and not getting the help they need. They resort to ending their lives instead of trying to get help. We are also concerned that people are not aware of this.

Set a Goal:

Our goal is to inform students, adults, and community about our farmers and their struggles through this video presentation.

Form a Plan:

Our plan is to create this video in hopes that a lot of people will see it. We hope that it will educate more people about our farmers. We are making this video to also show our farmers that they are not alone and people are there to help them in whatever way they need.

Act:

Together we will research and ask questions to gather information on what the struggles are and how to help. Once we gather our information we will show others this video to spread awareness.

Follow up:

We met several times to gather our information and talked to a lot of different farmers. After doing our research, we started putting together our video with the facts about farming and worked with our advisor to finalize it.